Subject-Based Learning vs. Problem-Based Learning

- **Subject-Based Learning**: SBL
  - Students retain little of the information they learn (end of the cycle)
  - Students can rarely apply what they have learned
  - Students are not forced to think for themselves or frame problems that interest them
  - Students do not typically enjoy this process

- **Problem-Based Learning**: PBL
  - Gives students the opportunity to examine and apply the information they learn (cyclical process)
  - Helps foster teamwork and collaborative skills
  - Improves students writing and speaking abilities
  - Introduces students to the idea of defining a problem and presenting evidence to support your solution
  - Causes students to become more flexible in their learning
  - Students typically enjoy this type of learning environment